



XV INTERNATIONAL HELSINKI DOWNTOWN WEEK PROGRAM 26.6.-2.7.2023

Sailors who will participate in DTSW are more than welcome to participate in this open clinic. The aim of the clinic is to share and join some practices races with different teams, coaches, and countries. The aim will be orientated in How to race, how to take decisions in the water during the races. If you come with your own coach the clinics is FREE for participants. If you need a coach don't hesitate to contact us, you are more than welcome to join HSS team.

Location: Helsingfors Segelsällskap - Helsinki - Finland

Coaches: Nicolás Vidal (ARG), Pablo Avila (ARG), Luka Verzel (Olimpic Sails) – Int Coaches.

Schedule:

Monday 26th June

- 11hs Meeting in HSS and Briefing about the day
- Rigg the boats
- 13:30hs Water session – Drills
- 17hs Di Brief
- Grilling for all the participants

Tuesday 27th June:

- Olimpic Sails test day
- 10hs Meeting in HSS and Rigg the boats/ Brief
- 11hs First training session
- 13:30 Lunch break in HSS – or water depending the weather
- 14:30 Second water session – Practices Races
- 17:30 hs Di Brief.
- Grilling for all the participants.

Wednesday 28th June:

- Olimpic Sails test day
- 10 hs Meeting in HSS and Rigg boats / brief
- 11hs Training Session
- 14hs Lunch Break
- Di Brief
- 15:30 hs Social Plan& Grilling for all the participants.

Thursday 29th June

- Coach and skipper meeting
- Qualification race day 1 in the water area Liuskasaari
- Evening program: Evening program after the race for participants

Friday 30th June:

- Qualification race day 2 in the water area Liuskasaari
- Evening program: Grilling after the race for participants
- Evening program after the race for participants

Saturday 1st July:

- Fleet race day 1 in the water area Liuskasaari
- Evening program after the race for participants

Sunday 2nd July:

- Fleet race day 2 in the water area Liuskasaari
- Trophy ceremony in the HSS Paviljong Restaurant

Contact information:

Email: raceoffice@helsinkisailing.com

Yacht Club: Helsingfors Segelsällskap r.f.

Location: Liuskasaari, HSS

City: Helsinki

Postcode: 00140

Country: Finland

Webpage: <https://helsinkisailing.com/downtown-sailing-week/>